



rūta naturals

natural cosmetic products

products and services



Located on Chicago's North Shore



Organic
Custom
Face and Body
Treatments

Facials



SIGNATURE FACIAL

The signature facial emphasizes restoration, radiance, brightening, and firmness. The facial begins with microdermabrasion and incorporates a micro-current device, LED-light photon therapy, galvanic facial massager, and cupping. This relaxing massage includes a custom-designed mask that will leave skin glowing.

TEEN FACIAL

For individuals suffering from chronic clogged pores, millia manual extractions are a great treatment option. Our teen facial provides cleansing and exfoliation with a resurfacing component, followed by extraction (removing blackheads and whiteheads) using an ultra-sonic spatula, LED-light, galvanic, and an anti-inflammatory mask for soothing and calming.



EXPRESS FACIAL

A revitalizing cleansing treatment for people on the go. This service targets specific needs for the skin using standard procedures of cleansing, resurfacing, rejuvenating, purifying, and detoxing.



MICRODERMABRASION - IPL LASER LIGHT PROCEDURE

This procedure includes microdermabrasion, galvanic massage, micro-current and LED-light photon therapy, as well as custom mask and cupping massage.



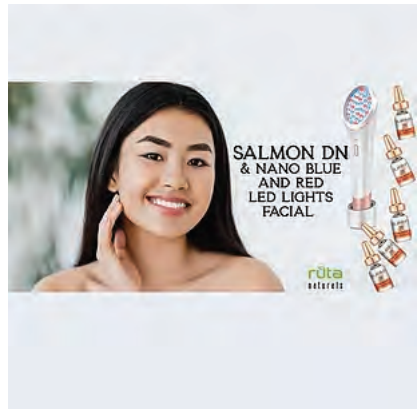
IPL - LASER REJUVENATION PROCEDURE



IPL-laser light uses light energy to accurately target and remove pigmented or damaged skin cells, remove redness, and diminish rosacea. The light heats cells in the skin and breaks them down, and then the body removes the damaged tissue naturally. The non-ablative laser stimulates collagen that fills in wrinkles and tightens skin—and promotes healthy tissue production.

SALMON DN + NANO BLUE & RED LIGHT THERAPY

Improve facial elasticity with Salmon DN + Nano Blue and Red Light Therapy. Salmon DN Ampoule is extracted from fresh salmon eggs and contains Vitamin E and astaxanthin which prevent cell aging and skin discoloration. This therapy nourishes skin and provides a mixture of amino acids and peptides that regenerate, brighten, smooth, and tone and tighten skin. In addition, this procedure reduces redness and oiliness, tightens pores, and reduces acne.



HYALURONIC PEN MICRO-NEEDLING

Hyaluronic Pen Micro-Needling Therapy encourages the body to respond through creation of new collagen and elastin fibers. As the skin responds it plumps and thickens, reducing the appearance of scars, deep wrinkles, and fine lines. The Hyaluronic Pen Micro-Needling treatment can also give you the lips you've always wanted!

In addition, Micro-Needling treats mild to moderate acne scarring, surgical scarring, wrinkles and fine lines, stretch marks, pore size and skin texture, and keloid scarring.

It is possible to have perfect skin!



MICRO CURRENT MAGICAL GLOVES TREATMENT

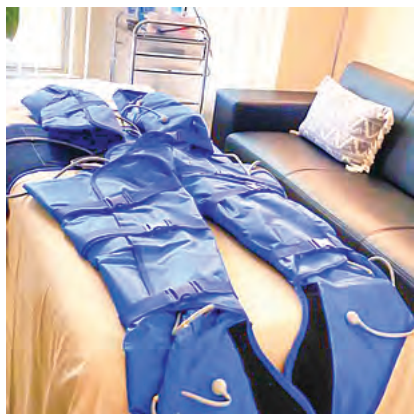


As people age the biological current generated by the body declines, and skin cells cannot maintain balanced electric current flow. This leads to loss of firmness, wrinkles, and age spots. Our new Non-Surgical Lifting System with Magical Gloves addresses these issues. Magical Gloves can be applied to face, arms, decollete, stomach, and even underarms—with amazing results!

Micro Current Treatment:

- Tones and conditions facial muscles
- Smoothes laugh lines, wrinkles, and fine lines
- Tightens skin and improves elasticity
- Boosts circulation and increases supply of nutrients to skin
- Sculpts and tones body
- Aids in lymphatic drainage
- Minimizes eye bags and dark circles
- Improves complexion

Body Procedures



LYMPHATIC DRAINAGE PROCEDURE

This procedure stimulates extra-cellular fluid removal, reduces bloating, relieves fatigue, and promotes overall well-being. In addition, it promotes circulatory system disorders recovery, diminishes appearance of varicose veins, and boosts the immune system.

IONIC FOOT DETOX PROCEDURE

Ionic foot detox removes toxins from the body through the feet. The procedure gives the hydrogen in the water a positive charge. The positive charge attracts the negatively charged toxins in the body. The ions in the foot bath hold a charge that enables them to bind to any heavy metals and toxins in the body, similar to the way a magnet works. This allows the toxins to be pulled out through the bottoms of the feet. The ionic foot detox procedure purges the body of heavy metals, promotes balanced levels of pH, reduces inflammation, detoxifies the liver, and strengthens the immune system.



Infrared Sauna Blanket



LIPO LASER

Traditional liposuction requires an invasive procedure to remove fat, but Lipo Laser relies on laser energy instead of incisions to slim the body quickly—and with minimal effort on the part of the patient. Unlike conventional liposuction, the idea of noninvasive Lipo Laser is not to remove fat cells, but to shrink them. The laser energy penetrates the fat cells and creates tiny holes in their membranes. This causes the fat cells to release stored fatty acids, glycerol, and water into the body, shrinking fat cells and potentially resulting in lost inches. The body then flushes out the expelled content of the fat cells via the lymphatic system (or burns it for energy). All parts of the body that store fat can be treated.

CRYOTHERAPY PHOTON VACUUM FOR WEIGHT LOSS PROCEDURE

Cold temperatures force the body to work hard – aka burn calories – to stay warm. A single session of cryotherapy burns hundreds of calories, and the repeated use can boost metabolism, helping burn more calories all day. With whole-body cryotherapy, the body is exposed to extremely low temperatures for up to 3 minutes.



INFRARED SAUNA BLANKET

The Infrared Sauna Blanket uses infrared ray technology to provide a deep penetrating heat that warms the body inside and out, resulting in a profoundly cleansing sweat. The blanket delivers smoothing and effective infrared rays that aid in weight loss, detoxification, cellulite reduction, pain relief, skin rejuvenation, and intense relaxation. It's safe, effective, and an easy way to shed pounds and beautify the skin. The negative ion cloth inside the blanket also releases negative ions which encourage cell metabolism, boost the immune system, and stimulate blood circulation.

RF FACE & BODY



Radiofrequency (RF) therapy is a nonsurgical method for tightening skin. The procedure uses energy waves to heat the deep layer of skin (the dermis), stimulating the production of collagen. Collagen is the most common protein in the body. It creates the framework of skin and gives skin its firmness. With age, cells produce less collagen, which leads to sagging skin and wrinkles. Skin laxity occurs around age 35 to 40 when the quantity and quality of collagen begin to decline. RF therapy tightens skin and eliminates wrinkles; RF also fights sun damage due to the skin's inability to stimulate the production of collagen.

HIFU TREATMENT

HIFU Treatment is perfect for sagging and aging skin. The treatment smooths and tightens loose skin, removes real and false wrinkles, repairs stretch marks and reduces acne. In addition, it lifts the neck and back, shapes the buttocks and legs, and modifies waist, abdomen, and breasts. Effectively improves the eye, cheeks, and forehead regions as well.



Products



Find the Sets Perfect for YOU

Coffee Products



COFFEE-CHOCOLATE BODY LOTION

INGREDIENTS: AQUA (DISTILLED WATER), COFFEE EXTRACT, COCONUT OIL, TEA TREE, GINGER, CARROT SEED, PEPPERMINT, EUCALYPTUS, FRAGRANCE, SILK PROTEIN, TRIETHANOLAMINE, SODIUM CARBOMER, E-WAX, BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: SMOOTHES AND REFRESHES SKIN. HELPS HYDRATE SKIN, IMPROVES CIRCULATION, AND GIVES A RELAXED FEELING. FOR ALL SKIN TYPES.

DIRECTIONS: APPLY TO THE FACE AND BODY. USE IT IN THE MORNING OR EVENING.

* THE STATEMENTS HAVE NOT BEEN EVALUATED BY FDA. THE PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, MITIGATE OR PREVENT ANY DISEASE. IF YOU HAVE ANY ALLERGIES, CONSULT YOUR PRIMARY-CARE PHYSICIAN.



COFFEE EXFOLIATING BODY SCRUB

INGREDIENTS: AQUA (DISTILLED WATER), COFFEE EXTRACT, MUSTARD POWDER, CINNAMON POWDER, OYSTER SHELL POWDER, TRIETHANOLAMINE, SODIUM CARBOMER. ESSENTIAL OILS (GINGER, SWEET ORANGE, LEMON), BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: COFFEE SCRUB INCREASES BLOOD FLOW. MAY REDUCE THE APPEARANCE OF CELLULITE. TONES SKIN.

DIRECTIONS: APPLY A GENEROUS AMOUNT TO THE DESIRED AREA AND MASSAGE INTO SKIN WITH CIRCULAR MOTIONS. RINSE THOROUGHLY. FOR ALL SKIN TYPES.

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Teen Choice



TEEN CHOICE MIST TONER - ELIXIR

INGREDIENTS: HYDROGEN-RICH MAGNETIC AQUA, MELALEUCA, CLARY SAGE, LEMON, PEPPERMINT PLANTAIN EXTRACT, CHITOSAN, ALOE VERA, HAWAIIAN SALT, VEGETABLE GLYCERIN, SULFUR, BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: EFFECTIVELY TREATS ACNE, MINIMIZES OIL PRODUCTION, AND HELPS REDUCE INFLAMMATION. CLEARS UP ACNE BLEMISHES. PREVENTS THE APPEARANCE OF NEW BLEMISHES AND EXFOLIATES DEAD SKIN CELLS. THIS PRODUCT IS FOR PEOPLE OF ALL AGES AND IS EXTREMELY HELPFUL IN COMBATING ACNE FROM FACE MASKS.

DIRECTIONS: WASH FACE AND NECK WELL BEFORE USE. APPLY TEEN CHOICE MIST TONER-ELIXIR TO FACE AND NECK AND LET IT ABSORB FOR 2 MINUTES. DO NOT DRY WITH A TOWEL. AFTER THE TONER ABSORBS INTO SKIN, APPLY TEEN CHOICE SERUM. USE MORNING AND EVENING. SHAKE BEFORE EACH USE.

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TEEN CHOICE SERUM

INGREDIENTS: AQUA (DISTILLED WATER), COLLOIDAL SILVER, GLYCERIN, SULFUR, LECITHIN, GUAR GUM, IODINE, TRIETHANOLAMINE, SODIUM CARBOMER, ONONIS SPINOSA, CYPRESS, SAGE, CORIANDER, CARROT SEED OIL, CAMPHOR, BERGAMOT, PENNYROYAL, OREGANO, GERANIUM, CAMPHOR, SANDALWOOD, GINGER, BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: EFFECTIVELY TREATS ACNE, MINIMIZES OIL PRODUCTION, AND HELPS REDUCE INFLAMMATION. CLEARS UP ACNE BLEMISHES, HELPS PREVENT THE APPEARANCE OF NEW BLEMISHES AND EXFOLIATES DEAD SKIN CELLS.

DIRECTIONS: BEFORE APPLYING EACH DOSE OF TEEN CHOICE SERUM GENTLY WASH THE AFFECTED AREA WITH A MILD CLEANSER, THEN PAT DRY. USE IT ONCE OR TWICE A DAY.

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Anti Aging



RESURFACING DAY-NIGHT CREAM

INGREDIENTS: AQUA (DISTILLED WATER), GLYCERIN, LANOLIN, ALOE VERA BARBADENSIS LEAF JUICE, DMAE, COLLAGEN POWDER, HIMALAYAN SALT, PLANKTON EXTRACT, FULVIC ACID, FERULIC ACID, CITRIC ACID, HYALURONIC ACID, GLYCINE, SACCHARIDE ISOMERATE, SILK PROTEIN, LECITHIN, GLUCONOLACTONE SB, CAESALPINIA SPINOSA GUM, E-WAX, TRIETHANOLAMINE, SODIUM CARBOMER, RED PALM OIL, MACADAMIA, MORINGA OIL, COCONUT OIL, SHEA NUT OIL. ESSENTIAL OILS (FRANKINCENSE, LAVENDER, HELICHRYSUM, NUTMEG, TANGERINE, CINNAMON LEAF, TURMERIC, CARDAMOM, MUSTARD, BASIL), BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: REDUCES FINE LINES AND WRINKLES. STRENGTHENS THE SKIN'S MOISTURE BARRIER LEAVING IT MORE RESILIENT, WHILE ALSO PROVIDING ANTIOXIDANT BENEFITS. REDUCES PIGMENTATION. USE IT IN THE MORNING AND EVENING.

DIRECTIONS: AFTER CLEANSING THOROUGHLY, APPLY DAY-NIGHT CREAM ONTO FACE AND NECK. USE IT IN THE MORNING AND EVENING.

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EYE CREAM

INGREDIENTS: AQUA (DISTILLED WATER), WITCH HAZEL, HYALURONIC ACID, TRANEXAMIC ACID, SILK AMINO ACID, FULVIC ACID, CITRIC ACID, KOJIC ACID, ALOE VERA BARBADENSIS LEAF JUICE, MATRIXYL 3000, CUCUMBER PEEL POWDER, GREEN TEA POWDER, VITAMIN A (RETINOL), NIACINAMIDE, LEONTOPODIUM ALPINUM, ROSEWOOD, HELICHRYSUM, ROSEMARY, WINTERGREEN, GINGER, FRANKINCENSE, CAMOMILE, ROSE ABSOLUTE, LAVENDER, BERGAMOT, YLANG YLANG, EUCALYPTUS, ARGAN OIL, E-WAX, CAESALPINIA SPINOSA GUM, COPPER GLUCONATE, GLYCERIN, LANOLIN, TRIETHANOLAMINE, CARBOMER, BENZYL ALCOHOL.

SUGGESTED USE: VISIBLY SMOOTHS FINE LINES AND WRINKLES. INSTANTLY REDUCES APPEARANCE OF DARK CIRCLES AND ENHANCES BRIGHTNESS.

DIRECTIONS: USE IT IN THE MORNING AND EVENING ON CLEAN SKIN AROUND THE EYES. ONE PUMP ON FINGERTIP AROUND EACH EYE.

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ANTI AGING ULTRA OIL BLENDS

INGREDIENTS: WATERMELON SEED OIL, CASTOR OIL, ABYSSINIAN OIL, BURITI OIL, RICE OIL, GLYCERIN, LANOLIN, LECITHIN, AGAR AGAR, FERULIC ACID, SILK PROTEIN, ALOE VERA JUICE, FRAGRANCE, BENZYL ALCOHOL RICH IN LINOLEIC AND OLEIC ACIDS, OMEGA-6,9 VITAMINS A, E, B, B1, B3, B5, B6.

SUGGESTED USE: REDUCES THE APPEARANCE OF FINE LINES AND WRINKLES. HELPS LIGHTEN DARK SPOTS CAUSED BY SUN EXPOSURE. RESTORES SKIN ELASTICITY. HELPS SOOTHE THE SKIN, ALLEVIATING ROSACEA.

DIRECTIONS: TWO PUMPS INTO HAND, AND THEN MASSAGE FACE AND NECK.

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ANTI AGING COLLAGEN GEL

INGREDIENTS: AQUA (DISTILLED WATER), COLLAGEN, COFFEE, GLYCERIN, HYDROLYZED SILK, SACCHARIDE ISOMERATE, TRIETHANOLAMINE, SODIUM CARBOMER, LANOLIN, AGAR AGAR, OLIVE OIL, ESSENTIAL OILS (LEMON, LEMONGRASS, SWEET ORANGE, CARROT SEED, JASMINE, LIME), KOJIC ACID, BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: WORKS AS A SKIN LIGHTENER. IT MAY BE USED TO TREAT SUN DAMAGE, SCARS, AND AGE SPOTS. IMPROVES THE SMOOTHNESS OF THE SKIN AND IT MAKES IT YOUTHFUL.

DIRECTIONS: APPLY ANTI AGING COLLAGEN GEL WITH CIRCULAR MOVEMENTS ON THE FACE, DESCENDING TO THE CONTOURS OF THE NECK AND DECOLLETE. USE IT IN THE MORNING AND EVENING.

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TONER-ELIXIR

INGREDIENTS: AQUA (DISTILLED WATER), GLYCERIN DMAE, L-CITRULLINE, ALOE VERA BARBADENSIS, RHIZOME POTENTILLA ERECTA, TRIETHANOLAMINE, SODIUM CARBOMER, FRANKINCENSE, ROSE, BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: USE IN THE MORNING AND EVENING AS A SKIN REFRESHENER. FOR ALL SKIN TYPES.

DIRECTIONS: USE THE TONER ELIXIR AFTER THOROUGHLY WASHING FACE, AND BEFORE USING SERUM OR MOISTURIZER. PUT A FEW SPRAYS ON THE PALMS OF THE HANDS AND THEN PRESS THEM INTO SKIN. SHAKE BEFORE EACH USE.

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LUXURIOUS SKIN TIGHTENER

INGREDIENTS: AQUA (DISTILLED WATER), CHLORELLA, AGAR AGAR, CICHORIUM INTYBUS, MYRRH, PLANKTON, LEONTOPODIUM ALPINUM, ALGAE, CAESALPINIA SPINOSA, COPPER GLUCONATE, GLYCERIN, GLUCONOLACTONE, TRIETHANOLAMINE, SODIUM CARBOMER, SILK PROTEIN, RICE BRAN OIL, BURITI OIL, ABYSSINIAN OIL, ESSENTIAL OILS (CORIANDER, CYPRESS, COPAIBA), BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: OUR NEWEST DEEPLY HYDRATING MOISTURIZER CONTAINS SUPERIOR MARINE PLANT EXTRACTS, A POWERFUL COMPLEX OF AGE-DEFYING MARINE ANTIOXIDANTS AND ESSENTIAL OILS PROVIDE INSTANT RESULTS. IT PULLS, BALANCES, ILLUMINATES AND RESTORES DULL, TIRED SKIN WITH THE BEST SUPERFOODS FOUND IN THE SEA. FRIENDLY FOR ALL SKIN TYPES. SOLUTION FOR: DRYNESS, DULLNESS, UNEVEN SKIN TEXTURE, LOSS OF FIRMNESS, AGING.

DIRECTIONS: USE IN THE MORNING OR EVENING; 2-3 PUMPS ON FINGER AND THEN RUB IT ON FACE AND NECK.

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Individual Products



ROBUST HAIR REVIVER

INGREDIENTS: AQUA, ALGAE EXTRACT, PLANKTON, SEA KELP, L-CITRULLINE, CHLORELLA, KERATIN, GLYCINE, CORIANDER, CYPRESS, BASIL, TRIETHANOLAMINE, SODIUM CARBOMER, LANOLIN, BENZYL ALCOHOL, FRAGRANCE, RICH IN VITAMINS A, B1, B2, B3, B6, AND C.

SUGGESTED USE: BOOSTS SHINE FROM CELLULAR LEVEL. STRENGTHENS STRANDS FOR DECREASED BREAKAGE. THICKER STRANDS CAN STOP HAIR LOSS AND CAN INCREASE HAIR GROWTH. SOFTENS AND MOISTURISES HAIR. PRODUCT IS VERY NUTRITIOUS AND SUPPLIES HAIR WITH NATURAL MINERALS, SILICON, AND VITAMINS. FOR ALL HAIR TYPES.

DIRECTIONS: GENTLY APPLY ROBUST HAIR REVIVER INTO THE STRANDS USING A PRESSING MOTION. HAIR MAY BE DAMP OR DRY.

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BODY ENERGIZING TREATMENT

INGREDIENTS: ESSENTIAL OILS (LEMON, GRAPEFRUIT, SWEET FENNEL, CYMBOPOGON MARTINI), BLACK PEPPER, GLYCERIN, CITRULLINE, CAFFEINE, METHYL NICOTINATE, BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: PROMOTES SKIN HYDRATION, ELASTICITY, AND REGENERATION. HELPS RELIEVE TIRED MUSCLES, AND INCREASE CIRCULATION OF EXCESS FLUID. REDNESS OF THE SKIN AFTER TOPICAL APPLICATION MAY OCCUR FOR A SHORT PERIOD OF TIME, DUE TO AN INCREASE OF BLOOD CIRCULATION. FOR BEST RESULTS USE MORNING AND EVENING.

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MANI & PDI PERFECT SCRUB

INGREDIENTS: AQUA, SODIUM CARBOMER TRIETHANOLAMINE, PUMICE, SILK PROTEIN BENZYL ALCOHOL, FRAGRANCE.

SUGGESTED USE: HYDRATES DRY SKIN AND GENTLY EXFOLIATES FEET LEAVING THEM SMOOTH AND SOFT. CONDITIONS TO SAFELY CLEANSE AND SMOOTH ROUGH, CALLOUSED SKIN. ALSO GREAT AS A BODY SCRUB.

DIRECTIONS: LIGHTLY MASSAGE A SMALL AMOUNT INTO THE DRY DEAD SKIN AREA OF THE HANDS AND FEET, THEN BUFF IT OFF. RINSE THOROUGHLY WITH WATER.

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Hello! I'm Ruta Ze,
a nature enthusiast and esthetician
with extensive experience in skincare.
I've poured my heart and knowledge
into creating my all-natural,
cruelty-free line of skincare products:

Ruta Naturals.

During my years working
hands-on in beauty and skincare,
I have learned the importance of
natural solutions for different skin types –
without the need for harsh chemicals.
My unisex products lead each client
to optimal, healthy skin.

*Book Today
With
Ruta Ze!*

RUTA ZE

FOUNDER, ESTHETICIAN

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